

2022

Health and Wellness Benefit



Beyond Healthcare. A Better You.

Medicaid from WellCare



Save With Your Health and Wellness Benefit

Did you know that your Health and Wellness benefit can save you money and you can stock up on all kinds of items? It can also help you and your family stay healthy. You get this extra benefit at **no cost to you**. Make sure to order your items each month. If you do not, you will lose your allowance amount for that month. It will **not** carry over to the next month.

Each head of household is eligible to receive Health and Wellness items mailed directly to their home. No prescription is required. The Health and Wellness allowance amount is based on the size of the enrollee's household. Only WellCare of Kentucky Medicaid enrollees living in the same home will be counted as part of the household. Below are the monthly allowance amounts based on the number of enrollees in the household:

- 1 enrollee in household – **\$10** per month allowance
- 2 enrollees in household – **\$20** per month allowance
- 3+ enrollees in household – **\$25** per month allowance

Use your Health and Wellness benefit to choose up to your monthly allowance amount in health and wellness items, such as:

- Diapers
- Dental care
- First-aid items
- Tide® laundry detergent

You have many items to choose from. Look over the list on the next few pages. We make placing your order as easy as **1-2-3**:

- 1** Choose the items you want
- 2** Have the item numbers ready
- 3** Call our toll-free number or go to www.wellcare.com/Kentucky to submit your order

It's Easy to Use

On a computer, smartphone or tablet, log in at www.wellcare.com/Kentucky. (If you do not have a username or password, it is easy to sign up. Just follow the instructions.)

After you log in, click on *Health and Wellness*. You can order up to your monthly allowance amount in Health and Wellness items every month. Once you place your order, we ship it right to your home. (Shipping is at no cost to you.) It's that easy!





Call Us Toll-Free 24/7 to Place Your Order

Call the number below to reach our automated system. Then just follow the instructions.



Customer Service

1-877-389-9457 (TTY 711)

We can help you Monday–Friday, 7 a.m. to 7 p.m.



Important Reminders to Get the Most From Your Health and Wellness Benefit

- Your Health and Wellness benefit is for your entire family. It is not for each family member on the plan.
- *The Health and Wellness catalog may change every year. Be sure you have the latest catalog to see new items and to look for any changes to items from last year. You can look at the current catalog at www.wellcare.com/Kentucky. You can also call Customer Service at **1-877-389-9457 (TTY 711)** to ask for a copy.*
- Items, quantities, sizes and values may change depending on availability. Items may vary based on the maker and availability. The brand names of the Health and Wellness items are trademarks of each company. Your plan allows for generic items only.
- Please allow up to 7–10 business days for shipping.
- Item cost may change from year to year.



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Allergy Prevention and Treatment				
280	Nasoflow Allergy Relief	Flonase®	60 sprays	\$24
Antidiarrheal and Laxatives				
18	Anti-Nausea Liquid	Emetrol®	4 oz.	\$7
Arthritis Medicine				
27	Hot/Cold Patches	Icy Hot® Patches	5	\$6
Bladder Control Items				
170	Adult Bladder Control Pads	Depend® Adult Bladder Control Pads	28	\$9
167	Adult Protective Disposable Briefs S/M	Depend® Adult Protective Briefs S/M	20	\$18
168	Adult Protective Disposable Briefs LG	Depend® Adult Protective Briefs LG	20	\$18
169	Adult Protective Disposable Briefs XL	Depend® Adult Protective Briefs XL	20	\$20
200	Disposable Bed Underpads	Prevail® Disposable Bed Underpads	5	\$6
Children's Products				
36	Children's Toothbrush	GUM® Toothbrush	1	\$2
195	Children's Toothpaste	Colgate® Children's Toothpaste	3 oz.	\$3
45	Premium Preemi to 6 lbs Diapers	Pampers® Preemi to 6 lbs	20	\$9
46	Premium Up to 12 lbs Diapers SM	Pampers® Up to 12 lbs Diapers SM	24	\$10
47	Premium 12-20 lbs Diapers MED	Pampers® 12-20 lbs Diapers MED	20	\$10
48	Premium 20-30 lbs Diapers L	Pampers® 20-30 lbs Diapers L	18	\$10
49	Premium 30-38 lbs Diapers XL	Pampers® 30-38 lbs Diapers XL	16	\$10
50	Premium 38+ lbs Diapers XXL	Pampers® 38+ lbs Diapers XXL	14	\$10
51	Premium Baby Wipes	Pampers® Baby Wipes	80	\$5
52	Tooth and Gum Cleanser	Orajel® Tooth and Gum Cleanser	1	\$6



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Children's Products (continued)				
212	2T-3T Pull-Up Diapers	Pull-Ups® 2T-3T	17	\$12
213	3T-4T Pull-Up Diapers	Pull-Ups® 3T-4T	15	\$12
214	4T-5T Pull-Up Diapers	Pull-Ups® 4T-5T	13	\$12
217	Baby Shampoo Tear-Free	J&J® Baby Shampoo Tear-Free	15 oz.	\$3
218	Children's Conditioning Shampoo	J&J® Children's Conditioning Shampoo	8 oz.	\$3
299	Baby Nail Clipper	Safety 1st® Baby Nail Clipper	1	\$1
308	Baby Wipes, Travel Size	Pampers® Baby Wipes, Travel	10	\$1
381	Baby Lotion	J&J® Baby Lotion	3.5 oz.	\$5
420	Calcium 250 mg + Vit D3 500 IU Child Gummy	Little Critters® Calc+Vit D Child Gummy	30	\$10
442	Sunscreen Lotion, Babies, SPF-50	Coppertone® Sunscreen for Babies SPF-50	8 oz.	\$9
Cold/Cough/Flu Remedies				
54	Cough/Throat Drops	Halls® Cough Drops	30	\$3
211	Sugar-Free Cough/Throat Drops	Halls® Sugar-Free Cough Drops	25	\$3
56	Daytime Cold/Flu Relief Liquid	DayQuil® Liquid	4 oz.	\$5
174	Daytime/Nite-time Cold/Flu Caplets	Mucinex® Day/Night Caplets	20	\$5
61	Nite-Time Cold/Flu Relief Softgels	NyQuil® Caplets	16	\$5
62	Nite-Time Cold/Flu Relief Liquid	NyQuil® Liquid	4 oz.	\$7
64	Sore Throat Spray	Chloraseptic® Sore Throat Spray	6 oz.	\$5
67	Vapor Rub	Vicks® Vapor Rub	3.53 oz.	\$5
402	SinuCleanse Neti Pot	NasaFlo® Neti Pot	30 Uses	\$20
433	Green Tea, Multi Flu/Severe Cold Honey Lemon	Thera-Flu®, Multi-Symp Severe Cold-Lemon	6	\$9
451	HBP Cough Cold	Coricidin®	16	\$6
458	Acetaminophen PM 500 mg	Tylenol PM®	50	\$3



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Dental and Denture Care				
68	Dental Tool Kit	GUM® Dental Tool Kit	1	\$5
69	Denture Adhesive Cream	Fixodent®	2.4 oz.	\$5
70	Denture Cleaner	Efferdent®	40	\$4
71	Fluoride Toothpaste	Colgate®	6.4 oz.	\$4
72	Adult Toothbrush - Medium	Colgate® Toothbrush	1	\$2
73	Dental Floss	Reach® Dental Floss	1	\$2
74	Mouthwash	Listerine®	4 oz.	\$3
75	Sensitive Teeth Toothpaste	Sensodyne®	4.3 oz.	\$5
76	Toothache Relief Liquid/Gel	Anbesol® Liquid/Gel	0.33 oz.	\$4
313	Dental Floss, Waxed	Reach® Dental Floss, Waxed	55 Yards	\$1
314	Dental Floss, Mint Waxed	Reach® Dental Floss, Mint Waxed	55 Yards	\$1
315	Denture Brush	GUM® Denture Brush	1	\$1
318	Toothpaste	Colgate® Toothpaste	0.85 oz.	\$1
332	Flosser, Mechanical	Power Flosser®	1	\$12
333	Water Jet, Battery Operated	Oral-B® Vitality Water Jet	1	\$23
Ear Care				
77	Ear Syringe	Apex® Ear Syringe	1	\$3
Eye Care				
79	Artificial Tears	Visine® Tears	0.5 oz.	\$6
238	Eye Wash	Collyrium® Eye Wash	3.9 oz.	\$5
80	Eyeglass Repair Kit	Calabria® Eyeglass Repair Kit	1	\$5
81	Reading glass Diopter +1.0	Calabria Reading Glass Diopter +1.0	1	\$9
82	Reading glass Diopter +1.25	Calabria Reading Glass Diopter +1.25	1	\$9



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Eye Care (continued)				
83	Reading glass Diopter +1.5	Calabria Reading Glass Diopter +1.5	1	\$9
84	Reading glass Diopter +1.75	Calabria Reading Glass Diopter +1.75	1	\$9
85	Reading glass Diopter +2.0	Calabria Reading Glass Diopter +2.0	1	\$9
86	Reading glass Diopter +2.25	Calabria Reading Glass Diopter +2.25	1	\$9
87	Reading glass Diopter +2.5	Calabria Reading Glass Diopter +2.5	1	\$9
88	Reading glass Diopter +2.75	Calabria Reading Glass Diopter +2.75	1	\$9
89	Reading glass Diopter +3.0	Calabria Reading Glass Diopter +3.0	1	\$9
90	Reading glass Diopter +3.25	Calabria Reading Glass Diopter +3.25	1	\$9
91	Reading glass Diopter +3.5	Calabria Reading Glass Diopter +3.5	1	\$9
92	Reading glass Diopter +4.0	Calabria Reading Glass Diopter +4.0	1	\$9
93	Red Eye Relief Drops	Visine® Drops	0.5 oz.	\$4
429	Eyeglass Cleaner	Bausch & Lomb® Eyeglass Cleaner	1	\$2
Fiber Supplements				
94	Fiber Gummies	Vitafusion® Fiber Well Gummies	60	\$10
First Aid and Medical Supplies				
96	Adhesive First-Aid Tape	Ace® Adhesive First-Aid Tape	1	\$2
189	Aid Ankle Support	Futuro® Aid Ankle Support	1	\$7
191	Aid Elbow Support	Futuro® Aid Elbow Support	1	\$7
192	Aid Hand Support	Futuro® Aid Hand Support	1	\$7
166	Aid Knee Support	Futuro® Aid Knee Support	1	\$7
190	Aid Wrist Support	Futuro® Aid Wrist Support	1	\$7
162	Anti-Embolism Stockings XL	Futuro® Anti-Embolism Stockings XL	1	\$13
163	Anti-Embolism Stockings LG	Futuro® Anti-Embolism Stockings LG	1	\$13
164	Anti-Embolism Stockings MED	Futuro® Anti-Embolism Stockings MED	1	\$13



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
First Aid and Medical Supplies (continued)				
165	Anti-Embolism Stockings SM	Futuro® Anti-Embolism Stockings SM	1	\$13
98	Athletic Bandage	Ace® Athletic Bandage	1	\$2
99	Bandages Assorted	Band-Aids® Bandages	100	\$6
100	Butterfly Closures	Ace® Butterfly Closures	12	\$2
101	Corn and Callus Remover	Dr. Scholl's® Corn and Callus Remover	0.33 oz.	\$4
102	Cotton Balls	J&J® Cotton Balls	100	\$3
103	Cotton Swabs	Q-Tips® Cotton Swabs	150	\$3
249	Diabetic Socks Ladies Size 5-10 White	Dr. Scholl's® Diabetic Socks	3 pack	\$7
250	Diabetic Socks Ladies Size 5-10 Black	Dr. Scholl's® Diabetic Socks	3 pack	\$7
251	Diabetic Socks Men Size 6-12.5 White	Dr. Scholl's® Diabetic Socks	3 pack	\$7
252	Diabetic Socks Men Size 6-12.5 Black	Dr. Scholl's® Diabetic Socks	3 pack	\$7
258	Elastic Knee Support	Futuro® Elastic Knee Support	1	\$3
104	First Aid Kit	Ace® First Aid Kit	1	\$8
105	Flexible Tip Thermometer	Veridian® Flexible Tip Thermometer	1	\$10
235	Gauze Pad Sterile 4" x 4"	Ace® Gauze Pad Sterile 4" x 4"	100 ct 12 ply	\$14
236	Gauze Surgical Sponge Sterile 4" x 4"	Ace® Gauze Surg. Sponge Sterile 4" x 4"	2 pk 25 ct 12 ply	\$6
237	Gauze Value Surgical Sponges 4" x 4"	Ace® Gauze Value Surgical Sponges 4" x 4"	2 pk 25 ct 12 ply	\$5
239	Heating Pad, Dry Heat, 12 x 15	Ace® Heating Pad, Dry Heat, 12 x 15	1	\$21
106	Ice Bag	Carex® Ice Bag	1	\$4
187	Kitchen Scale Dial	Peachtree® Scale Dial	1	\$10
284	Liquid Bandage	Newskin® Liquid Bandage	0.0225 oz.	\$6
108	Oral Digital Thermometer	Luminiscope® Oral Digital Thermometer	1	\$5



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
First Aid and Medical Supplies (continued)				
194	Pedometer	Omron® Pedometer	1	\$10
109	Stretch Gauze	ACE® Stretch Gauze	1	\$2
124	Thermometer Probe Covers	Welch-Allyn® Thermometer Probe Covers	30	\$3
203	Gloves, Disposable, SM Non-Sterile	Playtex® Disposable Gloves, SM	50	\$5
204	Gloves, Disposable, MED Non-Sterile	Playtex® Disposable Gloves, MED	50	\$5
205	Gloves, Disposable, LG Non-Sterile	Playtex® Disposable Gloves, LG	50	\$5
435	Medicated Foot Powder	Gold Bond® Medicated Foot Powder	4 oz.	\$8
316	3" Elastic Bandage	ACE® 3" Elastic Bandage	1	\$1
317	Bandages, 3/4" x 3"	ACE® Bandages, 3/4" x 3"	50	\$1
319	Surgical Tape 1" x 10 yd.	ACE® Surgical Tape	1	\$1
320	Hydrogen Peroxide	Swan® Hydrogen Peroxide	4 oz.	\$1
439	Wound Wash Spray	Arm & Hammer® Wound Wash Spray	3 oz.	\$12
440	Burn Gel, Liquid	Band-Aid® Burn Gel, Liquid	2 oz.	\$5
441	Burn Gel	Band-Aid® Burn Gel	6	\$4
295	Tweezers	Revlon® Tweezers	1	\$1
305	Hot Cold Reusable pack 4" x 6"	Sunbeam® Hot Cold Reusable pack	1	\$1
310	Palm Support	Futuro® Palm Support	1	\$1
312	Cotton Balls	J&J® Cotton Balls	76	\$1
444	Ear Dry Drops	Ear Clear® Swimmer's Ear	1 oz.	\$10
445	Snoring Nose Strips	Breathe Right®	10 ct	\$12
448	Ethyl Alcohol GEL	Hand Sanitizer Gel®	4 oz.	\$4
454	Hydrogen Peroxide Spray	Med-First® Hydrogen Peroxide Spray	4 oz.	\$9
462	Epsom Salt	Epsom Salt®	16 oz.	\$5



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
First Aid and Medical Supplies (continued)				
10112	Lysol Disinfecting Spray 12.5 oz.	Lysol Disinfecting Spray 12.5 oz.	12.5 oz.	\$6
10113	Lysol Disinfecting Wipes Flat Pack	Lysol Disinfecting Wipes Flat Pack	80 ct	\$6
10114	Lysol Disinfecting Wipes	Lysol Disinfecting Wipes	15 ct	\$2
Headache Relief				
110	Headache Relief Tablets	Excedrin® Migraine	50	\$6
Hemorrhoidal Preparations				
111	Hemorrhoid Ointment	Preparation H® Ointment	2 oz.	\$7
112	Hemorrhoid Pads	Tucks® Medicated Pads	100	\$7
113	Hemorrhoid Relief Suppositories	Preparation H® Suppositories	12	\$7
Lactose Intolerance				
114	Lactase Enzyme	Lactaid® Tablets	60	\$10
Other Items				
199	Antibacterial Bar Soap	Dove® Antibacterial Soap	1	\$3
117	Antibacterial Liquid Hand Soap Pump	Dove® Antibacterial Hand Soap	1	\$5
118	Antibacterial Wet Wipes	Kleenex® Antibacterial Wet Wipes	24	\$4
216	Bathroom Scale, Dial, To 300 lbs	Weight Watchers® Scale, Dial	1	\$12
226	Bug X Repellent	Cutter® Insect Repellent	2 oz.	\$5
227	Bug X Repellent	Cutter® Insect Repellent	4 oz.	\$10
228	Bug X Repellent	Cutter® Insect Repellent	8 oz.	\$14
119	Calamine Lotion	Swan® Calamine Lotion	6 oz.	\$4
225	Insect Repellent Aerosol	Cutter® Backwoods	6 oz.	\$11
224	Insect Repellent	Cutter® Skinsations	6 oz.	\$11
120	Disposable Douche Twin Pack	Summers Eve® Disposable Douche Twin Pack	1	\$7



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Other Items (continued)				
215	Feminine Body Spray	Summers Eve® Feminine Body Spray	3.5 oz.	\$5
122	Feminine Hygiene Wipes	Summers Eve® Feminine Hygiene Wipes	40	\$5
123	Fever Strip Thermometer	NexTemp® Fever Strip Thermometer	1	\$3
125	Hand Sanitizer Spray Pen Twin Pack	Purell® Hand Sanitizer Spray Pen	1	\$3
221	Hydrogen Peroxide	Swan® Hydrogen Peroxide	8 oz.	\$2
126	Lip Balm	Chapstick®	1	\$1
127	Male Condoms	Trojan® Male Condoms	3	\$2
201	Maxi-Pads	Always® Maxi-Pads	12	\$3
219	Medical Appointment Calendar	Brownline® Medical Appointment Calendar	1	\$5
135	Medicine Dropper	Apex® Medicine Dropper	1	\$2
128	Medicine Spoon	Apex® Medicine Spoon	1	\$1
264	Needle/Sharps Container	BD® Needle/Sharps Container	1	\$12
223	Insect Repellent 15% Deet	OFF!® Active	6 oz.	\$15
222	Insect Repellent 25% Deet	OFF!® Deep Woods	6 oz.	\$13
130	Pill Box - 7 days 1 time a day	Aculife® Pill Box - 7 days 1 time a day	1	\$2
269	Pill Box - 7 days AM & PM	Apex® Pill Box - 7 days AM & PM	1	\$4
267	Pill Box - 7 days 3 times a day	Apex® Pill Box - 7 days 3 times a day	1	\$4
268	Pill Box - 7 days 4 times a day	Apex® Pill Box - 7 days 4 times a day	1	\$4
131	Pill Splitter	Apex® Pill Splitter	1	\$3
132	Pocket Facial Tissue	Kleenex® Pocket Facial Tissue	1	\$2
133	Pregnancy Test	E.P.T® Pregnancy Test	1	\$8
134	Tampons	Tampax® Premium Tampons	8	\$2
207	Pro-Vitamin Conditioner	Pantene® Pro-Vitamin Conditioner	13 oz.	\$4



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Other Items (continued)				
220	Rubbing Alcohol 70%	Swan® Rubbing Alcohol 70%	16 oz.	\$3
271	Travel Health Folder 7 Pocket	Penadflex® Travel Health Folder 7 Pocket	1	\$7
291	Hair Pick, Mini Plastic	Cricket® Hair Pick, Mini Plastic	1	\$1
292	Nail Clipper with Nail file and Keychain	Sally Hansen® Nail Clipper with File	1	\$1
293	Bath Ball	Razz® Bath Ball	1	\$1
294	Bath Glove	AquaBella® Bath Glove	1	\$1
296	Eye Brow Trimmer	Noxzema® Eye Brow Trimmer	1	\$1
297	Mini Spray Bottle	Uline® Mini Spray Bottle	1	\$1
298	Hair Comb	Nordstrom® Hair Comb	1	\$1
300	Face Mask, Disposable	Uline® Face Mask, Disposable	5	\$1
301	Nail File	Revlon® Nail File	1	\$1
302	Foot Nail Brush and Pumice Stone	Stylewurks® Foot Nail Brush & Pumice	1	\$1
303	Nail Clipper	Dynarex® Nail Clipper	1	\$1
304	Rain Bonnet	DofmanPacific® Rain Bonnet	1	\$1
306	Eye Mask	Bausch+Lomb® Eye Mask	1	\$1
309	Travel Adult Wipes	Cottonelle® Travel Adult Wipes	10	\$1
311	Shoe Horn	Izola® Shoe Horn	1	\$1
334	Blood Pressure Monitor LG Cuff	Blood Pressure Monitor LG Cuff	1	\$23
455	Unisex Overnight Briefs/XL	Depend® Overnight Briefs/XL	20	\$25
456	Unisex Overnight Briefs/L	Depend® Overnight Briefs/L	20	\$20
457	Unisex Overnight Briefs/M	Depend® Overnight Briefs/M	20	\$20
461	Coconut Oil	Nature's Way® Coconut Oil	6 oz.	\$3
472	Adult Washcloths Disposable	Prevail® Washcloths Disposable	48	\$5
476	DisposeRX®	DisposeRX®	1	\$4



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Other Items (continued)				
1008	Memory Foam Bath Mat Bath 24x16	Better Homes® Bath Mat 24x16	1	\$25
331	Toothbrush Recharg. Replace Heads	Oral B Toothbrush Heads	2	\$9
447	Cooling Towel	Cooling Towel	1	\$10
453	Flex Seal Spray Bandage	Newskin Liquid Bandage	4 oz.	\$10
475	Hand Held Shower	Probasics Hand Held Shower	1	\$19
490	Flushable Wipes	Uline Flushable Wipes	24 ct	\$6
491	Baby Oil	J&J Baby Oil	7 oz.	\$3
Pediculicides Head Lice Treatments				
136	Lice Comb	Rid® Lice Comb	1	\$3
Sleeping Aids				
415	Melatonin Gummy 5 mg	Vitafusion®, Melatonin Gummy	60	\$10
Smoking Cessation Products				
196	Nicotine Gum 2 mg	Nicorette® Gum 2 mg	20	\$10
197	Nicotine Gum 4 mg	Nicorette® Gum 4 mg	20	\$10
Topical Ointments and Creams				
144	Muscle Rub Cream	Bengay® Cream	1.25 oz.	\$3
145	Petroleum Jelly	Vaseline® Jelly	4 oz.	\$3
171	SPF 50 Sunblock	Coppertone® SPF 50 Sunblock	4 oz.	\$6
Herbs, Vitamins and Minerals				
241	Acidophilus Lactobacilli Probiotics	Swanson® Acidophilus Lactobacilli	60	\$9
246	Coconut Oil 1,000 mg	Nature's Bounty® Coconut Oil	60	\$10
247	Cod Liver	Swanson® Cod Liver	100	\$9
248	Coenzyme Q10 100 mg	WINDMILL® Coenzyme Q10	30	\$10



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Herbs, Vitamins and Minerals (continued)				
253	Echinacea, 400 mg	Puritan's Pride® Echinacea	100	\$8
255	Eucalyptus Exfoliating Body Scrub	Bath & Bodyworks® Eucalyptus Body Scrub	6 oz.	\$5
232	FDC Vit. B Complex with Vitamin C + Iron	WINDMILL® Vit. B Complex with Vit. C+Iron	100	\$6
257	Flaxseed 1,000 mg	WINDMILL® Flaxseed	100	\$10
259	Garlic Oil 500 mg	Swanson® Garlic Oil	100	\$5
260	Ginseng Complex, 100 mg	Nature's Bounty® Ginseng Complex	100	\$10
261	Glucosamine & Chondroitin 1,500 mg	GLUCOFLEX® Glucos. & Chondro.	30	\$9
262	Lavender Body Cream	Aveeno® Lavender Body Cream	6 oz.	\$3
157	Vitamin B-Complex	WINDMILL® Vitamin B-Complex	100	\$6
158	Vitamin B-Complex Gummy	Vitafusion® Vitamin B-Complex Gummy	70	\$10
193	Vitamin C Gummy	Vitafusion® Vitamin C Gummy	60	\$10
160	Vitamin E 400 IU	WINDMILL® Vitamin E	100	\$8
161	Zinc 50 mg Tablets	WINDMILL® Zinc	100	\$5
418	Vitamin D3 Gummy, 2,000 IU	Vitafusion® Vitamin D3 Gummy	60	\$10
460	Potassium Gluconate 595 mg, Potassium Supplement	Potassium Gluconate®	100	\$7
Adaptive Aids				
172	Adult Bib Clothing Protector	Simplicity® Adult Bib Clothing Protector	1	\$12
210	Anti-Slip Safety Tread Aids	3M® Anti-Slip Safety Tread Aids	1	\$4
243	Baby - Cabinet lock	Safety1st® Baby - Cabinet lock	4	\$10
244	Baby - Outlet cover	KidCo® Baby - Outlet cover	8	\$4
245	Baby - Toilet lock	KidCo® Baby - Toilet lock	1	\$16
186	Button and Zipper Puller	Carex® Button and Zipper Puller	1	\$5
173	Door Knob Gripper	Safety1st® Door Knob Gripper	1	\$6



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Adaptive Aids (continued)				
208	Food Aid Bumper	AbleWare® Food Aid Bumper	1	\$7
175	Jar Opener/Faucet Gripper	Apex® Jar Opener/Faucet Gripper	1	\$6
176	Key Turner	Apex® Key Turner	1	\$3
177	Lamp Switch Turner	Carex® Lamp Switch Turner	1	\$3
178	Letter Opener	Quill® Letter Opener	1	\$2
179	Long Handle Bath Sponge	Bathery® Long Handle Bath Sponge	1	\$7
209	Magnifying Glass	Insterin® Magnifying Glass	1	\$4
180	Pill Bottle Opener Aid	Apex® Pill Bottle Opener Aid	1	\$4
181	Pill Crusher	Apex® Pill Crusher	1	\$8
182	Reaching Aid Device	Gopher® Reaching Aid Device	1	\$15
183	Shopping Bag Carrier	RiteAid® Shopping Bag Carrier	1	\$4
185	Toothpaste Squeezer	EzSqueeze® Toothpaste Squeezer	1	\$3
326	Bath Mat, 27 x 13	PROBASICS® Bath Mat	1	\$13
327	Tub and Stair Safety Treads	PROBASICS® Tub and Stair Safety Treads	4	\$3
339	Back Support, Generic with Suspenders	Futuro® Back Support With Suspenders	1	\$19
342	Blood Pressure Wrist Monitor	Omron® Blood Pressure Wrist Monitor	1	\$25
346	Cane, 1-leg Adjustable 29"-38"	Nova® Cane, 1-leg Adjustable	1	\$20
347	Cane, 1-leg Folding Adjustable 32"-36"	Nova® Cane, 1-leg Folding Adjustable	1	\$15
373	Brace, Thumb	Futuro® Brace, Thumb	1	\$10
380	Ear Plugs	Vibes® Ear Plugs	1 pair	\$2
384	Panty Liners, Universal Size	Always® Panty Liners	22	\$2
385	Tampons, Super Absorbency	Tampax® Tampons, Super	8	\$2
386	Tampons, Super Plus Absorbency	Tampax® Tampons, Super Plus	8	\$2



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Adaptive Aids (continued)				
387	Maxi Pad, Super Absorbency	Always® Maxi Pad, Super	14	\$3
388	Maxi Pad, Super Max With Wings	Always® Maxi Pad, Super Max With Wings	12	\$3
389	Maxi Pad, Night Wing	Always® Maxi Pad, Night Wing	10	\$3
390	Disposable Pill Pouches	Ezy Dose® Disposable Pill Pouches	100	\$3
391	Shoe Insert, Foam Women	Dr.Scholl's®	2 pair	\$2
392	Shoe Insert, Foam Men	Dr.Scholl's®	2 pair	\$2
393	Aloe Gel	Fruit of the Earth® Aloe Gel	16 oz.	\$2
395	Regular Shampoo, Non-Medicated	Dove® Shampoo	8 oz.	\$3
396	Facial Wipes	Nivea® Facial Wipes	20	\$2
397	Facial Cleanser	Neutrogena® Facial Cleanser	8.5 oz.	\$2
398	Dietary Supplement - Powder 14-Day	Ensure®	12.8 oz.	\$19
399	Dietary Supplement - Powder 7-Day	Ensure®	6.4 oz.	\$15
401	Sea Bands for Nausea and Vomiting	Acu-Strap® Sea Bands	1 pair	\$3
403	Deodorant, Men's, Non-Medicated, Stick	Degree® Deodorant, Men's	2.25 oz.	\$3
404	Deodorant, Women's, Non-Medicated, Stick	Degree® Deodorant, Women	2.25 oz.	\$3
405	Lotion, Aloe, Non-Medicated	Jergens® Lotion, Aloe	18 oz.	\$4
406	Lotion, Cocoa Butter, Non-Medicated	Palmer's® Lotion, Cocoa Butter	18 oz.	\$4
407	Lotion, Nourishing Vitamin E, Non-Medicated	Neutrogena® Lotion, Vitamin E	18 oz.	\$4
408	Laundry Detergent, H/D No Bleach, Liquid	Tide® Detergent	40 oz.	\$5
410	Flashlight, LED w/Batteries	SunFire® Flashlight	1	\$6
411	Body Wash, Cucumber	Suave® Body Wash	12 oz.	\$3
412	Body Wash, Green Tea	Dove® Body Wash	12 oz.	\$3



Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
Adaptive Aids (continued)				
422	Night Light	Meridian® Night Light	1	\$2
423	Cosmetic Tweezer	Trim® Cosmetic Tweezer	1	\$2
424	Dust and Germ Mask	Uline® Dust and Germ Mask	10	\$2
425	Hair Brush & Comb Set	Safety1st® Hair Brush & Comb Set	2 sets	\$2
426	Tummy Trimmer	Leonisa® Tummy Trimmer	1	\$6
427	Inflatable Neck Cushion	Samsonite® Inflatable Neck Cushion	1	\$3
428	Manicure Beauty Set	Cala® Manicure Beauty Set	3 pc	\$2
432	Shower Cap	Firstline® Shower Cap	3	\$2
477	Iodine	Swan® Iodine	4 oz.	\$3
478	Travel Iodine	Swan® Travel Iodine	2.3 oz.	\$2
480	Nitrile Glove L	Uline® Nitrile Glove L	100 ct	\$12
481	Nitrile Glove M	Uline® Nitrile Glove M	100 ct	\$12
482	Nitrile Glove S	Uline® Nitrile Glove S	100 ct	\$12
483	Waterproof Adhesive Bandages	Ace® Waterproof Adhesive Bandages	12 ct	\$7
484	Caldyphen Poison Ivy Lotion	Leader® Caldyphen Poison Ivy Lotion	6 oz.	\$12
486	Arch Bandage	Ace® Arch Bandage	1 ct	\$12
487	Instant Cold Packs	Dynarex® Instant Cold Packs	1 ct	\$2
1001	N-95 Disposable Mask	3M N-95 Disposable Mask	2ct	\$5
1009	Mask, Surgical	3M Mask, Surgical	3ct	\$5
446	Arm Sling	Ace Arm Sling	1	\$14

Discrimination is Against the Law

WellCare of Kentucky complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. WellCare of Kentucky does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

WellCare of Kentucky provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

WellCare of Kentucky also provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, call us toll-free at **1-877-389-9457** (TTY: **711**). We're here for your Monday–Friday from 7 a.m. to 7 p.m.

If you believe that WellCare of Kentucky has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

EEO/Civil Rights Compliance Branch
Cabinet for Health and Family Services
Office of Human Resource Management
275 E. Main St, Mail Stop 5C-D
Frankfort, KY 40621
Telephone: **1-502-564-7770**
Fax: **1-502-564-3129**
Email/Web: <https://chfs.ky.gov/Pages/civil-rights.aspx>

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the EEO/Civil Rights Compliance Branch is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue
SW Room 509F
HHH Building
Washington, D.C. 20201
Telephone: **1-800-368-1019**, **1-800-537-7697** (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call **1-877-389-9457** (TTY: **711**).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-389-9457** (TTY: **711**).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-877-389-9457** (TTY: **711**)。

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-877-389-9457** (TTY: **711**).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-877-389-9457** (TTY: **711**).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-877-389-9457** (TTY: **711**).

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-877-389-9457** (TTY: **711**).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-877-389-9457** (TTY: **711**)번으로 전화해 주십시오.

Opmierksamkeet: Wann du Deitsch (Pennsylvania German/Dutch) schwetzsch, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff **1-877-389-9457** (TTY: **711**).

ध्यान दनुहोस्: तपार्इंले नेपाली बोल्नुहुन्छ भने तपार्इंको नमित्तिभाषा सहायता सेवाहूरू नःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् **1-877-389-9457** (TTY: **711**)।

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa **1-877-389-9457** (TTY: **711**).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-877-389-9457** (TTY: **711**).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-389-9457** (TTY: **711**).

ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona **1-877-389-9457** (TTY: **711**).

OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite **1-877-389-9457** (TTY: **711**).

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。 **1-877-389-9457** (TTY: **711**) まで、お電話にてご連絡ください。

