

# Controlling Blood Pressure



Controlling High Blood Pressure is a NCQA quality measure with a weighted value of 3. Here are some quick reminders for closing blood pressure care gaps:

**Always:** Retake BP if initial blood pressure is  $>140/90$  mmHg; **Take and record in the medical record**, at least three (3) separate measurements during the visit if the BP is high.

Repeated measurements should be separated by 1-2 minutes.



## Description:

The percentage of members 18–85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension during the measurement year and whose BP was adequately controlled ( $< 140/90$  mmHg) during the measurement year.

The most recent BP reading during the measurement year must occur on or after the second date of diagnosis of hypertension.

The following criteria determines if the last blood pressure is controlled:

- Members 18–85 years of age whose BP was  $<140/90$  mmHg.



## Product Lines:

Medicaid



## New

**BP readings that are reported by the member using an electronic device are now acceptable.**

- Document in the note the reading specifically is from an electronic device.
- Telehealth visits are acceptable as long as the BP reading is taken by an electronic device.
- Use of a manual device does not meet criteria.

*(continued on back)*





Members can obtain an electronic blood pressure monitor at no cost by calling the Customer Service number on their ID card for a Case Management (CM) referral.

## Helpful Tips:

- Never round up BP readings.
- Use correct cuff size on bare arm.
- Check BP on both arms and record the lowest systolic and diastolic readings.
- Patients should rest quietly for at least 5 minutes before the first BP is taken.

DO THIS!	NOT THAT!
Detailed information recorded on medical record	Not enough information recorded
<p>Vitals:            Weight: 205 lb Height: 5 ft. &amp; 2 in. BMI: 37.7 BSA: 2            BP: 160/92 sitting L arm Pulse rate: 56 BPM            Resp. Rate: 16 RPM            BP Retake: 138/84 sitting R arm</p> <p>Always document “reading taken by electronic monitoring device” when applicable.</p>	<p>Vitals:            Wt 287 lbs, Weight Change -5lbs, Ht 67 in, BMI 44.95,            BP 177/113, Temp 97.7 F, HR 91, Oxygen sat % 100            ( BP Noncompliant and Not Retaken )</p>

## Billing Codes:

DESCRIPTION	CODES
Hypertension	ICD-10: I10
Systolic greater than/equal to 140	CPT-CAT-II: 3077F
Systolic less than 130	CPT-CAT-II: 3074F
Systolic between 130-139	CPT-CAT-II: 3075F
Diastolic greater than/equal to 90	CPT-CAT-II: 3080F
Diastolic 80-89	CPT-CAT-II: 3079F
Diastolic less than 80	CPT-CAT-II: 3078F
Remote Blood Pressure Monitoring Codes	CPT: 93784, 93788, 93790, 99091
Outpatient codes	CPT: 99201-99205, 99211-99215, 99241-99245, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483, 99341-99345
HCPCS: G0402, G0438, G0439, G0463	
Telephone Visits	98966-98968, 99441-99443
CPT Modifiers for Telehealth	95, GT, 02
Digital Blood Pressure Monitoring	93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474